

# Autonomous Learner Self Profile

Directions for scoring: Now that you have completed all 48 items on the inventory, you are ready to total your responses and to chart your Autonomous Learner Self Profile.

The first step is to total your responses for each category. Write the number in the appropriate box on the following chart.

Create a line graph to show your Autonomous Learner Self Profile. About each box in which you wrote your total score for each self is a line. Draw a big, dark dot on the line at the appropriate level for your score and then connect the six dots once they have been drawn. You might want to shade in the area below your line graph to make it more dramatic.

**Evaluating Your Self Profile:** Once you have charted your self profile, you can begin to consider its meaning. It is important that you **not** use the results of the Autonomous Learner Self Inventory to “pigeon-hole” yourself. Think of this as an opportunity for growth. Ask yourself each of these questions and think seriously about your answers:

- Which are my strongest selves?
- Which selves show the most potential for growth?
- In general, how satisfied am I with the levels of autonomous learning behavior that I exhibit?
- Are there components of myself that I wish to improve? If so, what might I do to effect such improvements?

This might be the start of a new time of growth in your life. As the saying goes: “Today is the first day of the rest of your life,” and it is our belief that much of what we are and what we do is within our own control. Carefully consider how much control you could have over your selves and think about writing and following a self-improvement plan today.

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For: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

